

Wheelchair Help Guide

Over 400 Resources Listed



Changing Lives in Our Community

Our Mission is to Improve Quality of Life and Health by providing wheelchairs and mobility equipment not funded by Medicare, Medicaid or Insurance.

info@WheelchairHelp.org

WheelchairHelp.org

515 East St • Elkhart IN 46516

574 295-2230

“1.6 million US wheelchair users”*

about ½% of 300 million US population

**Estimated by Disability Statistics Ctr, Univ of Calif*

Visit our Ability Center Resource Library

FREE Additional copies or

Chris Reeves 300pg resource guides

English or Spanish FREE in most cases ➔

ADA • Legislation

American Disability Act Technical Assist

800-949-4232

AdaGreatLakes.org

People & Disabilities 312 726-6200, Chicago

Small Business Admin Ofc of Advocacy

202 205-6530, Washington DC

US Access Board 800 872-2253, Wash DC

Advocacy

Ability Center 574 295-2223, Elkhart

Ability-Center.org, info@Ability-Center.org

Disability Resource Network, DRN

574 537-4479, Goshen

CAPS, Rose Joy Ctr for Advocacy 574 295-2277

Child & Family Advocacy Center

574 522-6089 401 S. 2nd St, Elkhart, IN 46516

Arc of Indiana 800 382-9100, ArcInd.org

Indiana Ombudsman 800 622-4484

Indiana Protection & Advocacy Svc, Indpls

800 622-4845, 800 838-1131 TTY, State.In.US.ipas

Assistance

GoodSearch.com log under Wheelchair Help

Ability Center 574 295-2223, Elkhart

Ability-Center.org, info@Ability-Center.org

ADEC...Resources for Independence

877 342-8954, ADECinc.org, Bristol•Elkhart

Aids Ministries 574 293-9743, 616 S Main, Elkhart

AlternativesInMotion.org, Grand Rapids MI

Sponsored Wheelchairs & Power Chair Gifts

American Red Cross 574 293-6519, Elkhart

Auto-Mobility Assistance 574 295-2230

Catholic Charities, RSVP 574 293-5481

So Bend 574 234-3111

Center for Healing and Hope, Goshen

Volunteer Medical Clinic 574 534-4744

Church Community Svc 574 295-3673

Council on Aging 574 295-1820, Elkhart

Disability Resource Network, DRN

574 537-4479, Goshen

Downtown Churches Coalition

574 295-1725, 226 W Lexington, Elkhart

Family Helpline 800 433-0746, IN Dept Health

Family Retreat Scholarship 574 295-2230

Fixers Builders • Ramps... 574 294-5747

Heart City Health Ctr, 574 293-0052

Volunteer Clinic 236 Simpson Av, Elkhart

Heat Assistance • Insulation... 574 524-7030

H.O.P.E., Helping Other People Endure ➔

Grieving Support 574 294-2590, Elkhart

Hospice of Elkhart County 574 264-3321

574 255-1064 Mishawaka, 574 243-3100 So Bend

Hospice of Elkhart Community 574 294-2621

Hospice at Home 269 685-1099, Buchanan MI

Indiana Ombudsman, 574 284-2644

800 622-4484, IN.gov/fssa

Joni and Friends 708 771-0000, Chicago

Family Retreats at Oakwood Inn, Syracuse IN, June

Wheels for the World, Books, Video, Radio

Assisting Church Ministry, Support Network

818 707-5664, 818 707-9707 TTY, Calif Hq

Jaycees • Kiwanas • Lions • Masons

Optimists • Rotary 574 233-1516 • **Shriners**

Knights of Columbus 574 293-0341, Elkhart

MakeADifferenceMichiana.org

Links to most Michiana not for profit organizations

Michiana Assistance Dog 574 272-7677, 291-8151

AssistDog@aol.com, 707 537-1960

Notre Dame Student Disabilities 574 631-7157

Pony Express 574 773-7009, 862-2588

Help with equipment needs and Sponsor a Scooter

Project Ramp: Modular Wood Ramp Subsidies,

Budget Assistance, Gifts, Loaners 574 295-2230

Real Services, Elkhart County 574 206-1551

St. Joe County 800 552-7928, RealServices.org

Respit Ctr: O'Hana Heritage Foundation

574 315-6283 OhanaHeritage.org

Salvation Army 574 294-6668, Elkhart

St Vincent DePaul Society, Elkhart County

574 294-1915, St Joe County 574 234-6211

SCORE: Business Advice 574 293-1531, Elkhart

Shriners Hospital 800 237-5055, Chicago

Helping Crippled Children, ShrinersHq.org

Sponsor a Scooter... 574 295-2230

Community Sponsored Wheelchair... Equipment Gifts

Trustee: Concord Twp: 574 293-9431

Osolo 262-2175, Cleveland 264-2453

United Labor Agency 574 522-2899

Wheelchair Loaners, 3322 Middlebury, Elkhart, IN 46516

United Way, Elkhart County 574 295-1650

Info Help Line 574 293-8671, UnitedWayEC.org

Vocational Rehab, 574 293-2771, Elkhart

Help with training, equip & lift costs, State funded

Wheelchair Help 574 295-2230

Youth Services Bureau Directory 574 294-3549

Assistive Technology

Wheelchair Help 574 295-2230

Subsidies, Budget Assistance, Gifts, Loaners

JoeLidy@WheelchairHelp.org, 1201 Richmond, Elkhart

LinRay Home Medical 574 522-5706

23672 US20, Elkhart

Elkhart General Home Medical 574 523-3100

Park Home Medical 574 533-0626, Goshen

Alick's Home Medical 574 522-2273, Elkhart/Grang

National Seating • Custom Wheelchairs

800 770-8687, 4325 N Mayflower, So Bend

Cliffcor Medical • Repair 574 233-7918, So Bend

AbilitiesExpo.com 800 385-3085

Largest Expo & Seminars, Chicago, Detroit, Summer

Access Equals Opportunity 703 247-3656

AmeriPhone.com Text Phones... 800 874-3005

ATTAIN, Assistive Technology Through Action Indiana

800 528-8246, 888 288-9319, AttainInc.org

ALTF, Michigan Assistance Technology Loan Fund

800 828-2714, MichiganLoanFunds.org

PATINS 317 243-5737, PatinsProject.com

Partnership for Assistive Technology with Indiana Schools

Ctr for Assistive Tech 800 628-2281, NY

Financing of Assistive Tech, 405 624-7650

National Clearinghouse on Rehab Training Materials

Robotic Arm 973 575-0650, AppliedResources.com

Voice Activated Controls 800-596-0061, VOSystems.com

Vocational Rehab, 574 293-2771, Elkhart

Help with training, equip & lift costs, State funded

Bath Transfer Seat • Commode

Wheelchair Help 295-2230 *new & used*

Subsidies, Budget Assistance, Loaners, Gifts...

Batteries • Parts

Wheelchair Help 295-2230 *new & used*

Advice, Subsidies, Budget Assistance, Gifts...

Canes • Crutches

Wheelchair Help 295-2230 *new & used*

Subsidies, Budget Assistance, Loaners, Gifts...

Shock Absorbing Crutch Tips and Grips

minimize damaging shoulder pain from shock, by

Fetterman-Crutches.com, 888 582-5544

available at **Wheelchair Help 295-2230**

Children

Child Abuse Prevention Services

574 295-2277, 1000 W Hively, Elkhart

Child Protection Svc, Elkhart 574 296-5368

First Steps, Elkhart County 574 293-2813

First Steps, Early Intervention 574 293-7506

800 441-7837, State.In.US/fssa/first-step

Hansel Head Start 574 293-7799, 234-6041

Health Education, Elkhart County 574 523-2116

Wheelchair Help Guide



*Help Someone
You Love*
**Subsidies
Budget Assistance
Loaners & Gifts**

*Special Thanks to
Linda Crooks
Occupational Therapist*

Wheelchair Help

**WheelchairHelp.
org**

info@WheelchairHelp.org

1201 Richmond • Elkhart IN 46516

574 **295-2230**

888 695-2230 • 888 670-2221 fax

*Please allow us to
share your resources.*

Minority Health Coalition, Elkhart County
574 522-0128, 315 Wagner Av#A, Elkhart

**Parents of Children with Disabilities
Support Group** 574 533-5808, Goshen

Women's Care Ctr 574 296-6603, Elkhart

Indiana Parent Info Network, IPIN

Supporting children/families with special needs
800 964-4746 Ipinic.com, State.In.US/ipin

**Natl Info Ctr for Children
& Youth with Disabilities**

800 695-0285, 202 884-8200 TTY, Nichy@aed.org

**Natl Resource Ctr for
Parents with Disabilities**

800 644-2666, LookingGlass.org
SpecialChild.com, 800 804-1616

Clothes

Adrian's Closet 800 831-2577,

AdriansCloset.com

Darlene's Silver Threads

877 988-5656, EsCapesClothing.com

FinallyItFits.com, 866 866-9740

KreamerSports.com, 800 819-9095

Disability • Handicap

Ability Center 574 295-2223, Elkhart

Ability-Center.org, info@Ability-Center.org

Disability Resource Network, DRN
574 537-4479

Vocational Rehab, 574 293-2771, Elkhart

Training, equip & lifts, State funded 800 545-7763 x1319

In*Source, 800 332-4433, 574 239-7575 TTY

Resource Ctr for Special Needs, InSource.org

Christopher & Dana Reeve Resource Guide

800 539-7309, info@Paralysis.org,

310pg source of some info herein, **FREE**

at Wheelchair Help, 574 295-2230

Association for Persons with Severe Handicaps

TASH, Tash.org 410 828-8274

Center for Disability Info & Referral 800 437-7924

Developmental Disabilities Svc Indpls

800 545-7763, Ai.org/fssa/html/programs/2bdds.htm

Developmental Disabilities Admin

200 Independence Av, Washington DC 20201

Disabled and Alone 800 995-0066

DisabledAndAlone.org, NY, NY

Direct Link for the Disabled 800 686-5286

Elevators • Lifts

Wheelchair Help 295-2230 *new & used*

Up to 12' hi, Advice,

Subsidies, Budget Assistance...

Employment

ADEC...Resources for Independence

877 342-8954, ADECinc.org, Bristol•Elkhart

Goodwill Industries, Michiana • Vocational Svc

574 293-1818, Goodwill-ni.org, Elkhart

RSVP, Retired Senior Volunteer Program

574 293-5481, Elkhart

Vocational Rehab, 574 293-2771, Elkhart

Help with training, equip & lift costs, State funded

Work One 574 295-0105, WorkForce.In.gov

Assoc for Persons in Supported Employment

APSE 804 278-9187, apse.org, Virginia

Breaking New Ground, BNG 800 825-4264

People with disabilities working in agriculture

enc.Purdue.edu/ABE/extension/BNG

**Indiana Dept of
Workforce Development**

888 WORK-ONE, State.In.US/dwd, Indpls

Job Accommodation Network, JAN

W Virginia Univ 800 526-7234, JAN.wvu.edu

Exercise

Cleveland FES Ctr, 800 666-2353 feswww.fes.cwru.edu

Natl Ctr on Physical Activity and Disability

NCPAD, 800 900-8086, ncpad.org, Chicago

President's Council on Physical Fitness and Sports

fitness.gov/disab.htm

Family • Faith

Joni and Friends 708 771-0000, Chicago

Family Retreats at Oakwood Inn, Syracuse IN, June

Wheels for the World, Books, Video, Radio

Assisting Church Ministry, Support Network

818 707-5664, 818 707-9707 TTY, Calif Hq

Project Andrew Disability Outreach 574 533-6360

Funds • Foundations

Ball Brother Foundation 765 741-5518

Easter Seal Society 312 422-0600, Seal.com

English-Bonter-Mitchell Foundation

900 Ft Wayne Natl Bank Bldg, Ft Wayne IN 46802

Foundation Ctr Library Svc 800 424-9836

March of Dimes 800 905 9235, moDimes.org

Govt Agencies

Indiana State Senator 800 382-9467

Indiana State Rep 800 382-9841

US Representative 202 225-3915 House.gov

US Congress 202 224-4814, Senate.gov

Indiana Client Assistance 800 622-4845

Indiana Development

Indiana Employment Svc & Job Training

317 232-6702, Indpls

Indiana Fair Employment Practice Agency

317 872-9991, Indpls

Indiana State Commission for the Handicapped

317 233-1292, PoBx 1964 Indpls IN 46208

State Info Ctr 800 457-8283

isd.State.In.US/cgi-bin/phone/tms#start

Great Lakes ADA Technical Assistance

Assistance & Training for people with disabilities & businesses

800 949-4232, adaGreatLakes.org, Chicago

Housing

Elkhart Housing Authority 574 295-8392

Elkhart Housing Partnership 574 524-7030

Home Ownership Assistance

Goshen Housing Authority 574 533-9925

Helping Hand Svc Prog 574 389-3139

Habitat for Humanity, Elkhart 574 533-6109

St Joe County 574 288-6967

Dept of Housing & Urban Development

HUD 202 708-1420, HUD.gov, Wash DC

Independent Living

Ability Center 574 295-2223, Elkhart

Ability-Center.org, info@Ability-Center.org

ADEC...Resources for Independence

877 342-8954, ADECinc.org, Bristol•Elkhart

Ft Wayne League for the Blind 260 745-5491

Independent Living Centers State Directory

State.In.US/fssa/html/directory/INcenters.htm

800 545-7763 x21367

Independent Living Svc, IndependentLiving.org

InPact Group Homes

Logan Center Group Homes 574 289-4831

Mennonite Disabilities Group Homes

Natl Council for Independent Living

703 527-1191, ncil.org, Arlington VA

Legal

Legal Aid Service, Elkhart, 574 294-2658

Indiana Legal Svc 800 288-8121, ils.net, So Bend

Legal Svc Org of Indiana, 877 323-6260

Civil Rights Commission, 800 628-2909

State.In.US/ierc

Council on Disability Rights 312 444-9494

DisabilityRights.org, Chicago

Disability Rights 510 451-8644,

General@DraLegal.org

Litigators inc 800 LAW 3350

Joseph Romano Law 800 331-4134, 282pg

Resource Guide, JosephRomanoLaw.com

Lifts • Lift Chairs • Van Lifts

Wheelchair Help 295-2230 new,

used, Advice, Subsidies, Assistance...

Wheelchair Help 295-2230 welcomes lift donations which

are offered with subsidies, budget assistance or gifted where not possible otherwise... condiser the advantages of donating your lift.

Medicare • Medicaid • Insurance

Will NOT FUND a Power Chair (or scooter) AND a manual

wheelchair within 5 years. If you need a power chair or scooter, but

only qualify for a wheelchair, it may be wise to borrow, purchase

or accept gift of a wheelchair until you qualify for the expensive

power equipment. **Keep Prescriptions** as your doctor recommends

a cane, walker, wheelchair, scooter or power chair to **document**

progression of your disability.

Medicare B covers up to 80% of equipment needed for use "**In the**

Home". "Getting to the doctor" or church is not addressed by Medicare.

"**Medicare Allowable Pricing**" is the **highest allowable price**.

Medicare 800 633-4277

317=Indpls

Medicaid 800 622-4932

202=Wash DC

Medicaid Planning & Policy, 800 545-7763

Hoosier Healthwise Hotline 800 889-9949

State.In.US/fssa/html/programs.hh4c.html

Health Care Financing Admin, 202 245-6726

Social Security Admin 574 294-5667

Nutrition

Nutrition.gov

Natl Inst of Health, ods.od.nih.gov

Power Chairs • Lifts

Wheelchair Help 295-2230 new, used, Advice, Assistance...

Wheelchair Help welcomes power chair and lift

donations which are offered with subsidies, budget

assistance or gifted where not possible otherwise... condiser

the advantages of donating your power chair or lift.

Publications

Christopher & Dana Reeve

Resource Guide, FREE 295-2230

800 539-7309, info@Paralysis.org, 300pg source of some info herein

Accessible Lifestyle, 360° Magazine, 360mag.com

Special Living 309 820-9277, SpecialLiving.com

NewMobility.com • No Limits 888 850-0344

Paraplegia News 888 888-2201, Pn-Magazine.com

SportsNSpokes.com 888 888-2201

Amer Assoc for People with Disabilities

Ramps • Universal Design

Aluminum Folding Ramps: Wheelchair Help 295-2230

Part 2 by Diagnosis

Ramps • Universal Design

Toilet Riser with handles mounts securely with knob 295-2230.
Toilet Seat Elevator assist (Pneumatic Spring or powered) 295-2230
Faucets: Single Lever Motion Sensor or Bar Faucet (2 levers and high outlet).
Grab bars securly anchored to studs or decorative board anchored to studs.
Kitchen: Refrigerator side-by-side units,
Washer/Dryer: Front load, elevated.
Sink at angle offers more accessible counter area from wheelchair. Knee space below sinks can be covered with hinged or bi-fold doors or curtain.
Counter space uninterrupted by refrig, wall ovens (height adjusted)...
Shelves above 54" or below 9" are not accessible from wheelchairs.
Easy grasp cabinet & drawer handles.
Power Strips mounted under wall cabinets bring outlets 5" closer.
Illuminated Rocker Switches, best 42" high, Outlets: 24" high.
Low-pile Carpet glued down without padding or Hard-surface Floors (non-slip) are best for pushing wheelchairs or rollators.
Ramps: should be 12' long plus 4'-5' landing for each 1' rise, 4' long if less than 6" rise, 3' wide, non-slip finish and railing recommended over 1' hi.
Way Finding Systems should be considered for visually impaired.

Recreation • Sports • Music • Art

Artists with Disabilities 574 259-5382

Foundation for Music & Healing 574 993-2093

Music Lessons for Special Needs, MusicHealing.org

River City Rollers 574 287-0078, Basketball

Wheelchair Park: PrestonsHope.com

PoBx510, Chagrin Falls OH 44022 (Cleveland OH area)

H.O.P.E.AdaptiveSports.org 866 349-2296

AthletesHelpingAthletes.org, 800 566-5221

Basketball, 501 834-8513, nwba.org

Billiards, 702 427-6792, nwpainc.com

Boundless Playgrounds.com for wheelchair parks nearby

Bowling, 727 734-0023, awba.org

Camp Hope 312 401 HOPE

Camping, Natl Park Svc, 202 682-9507, nps.gov

ChallengedAthletes.org, 858 793-9293

DateAble.org 301 657-4327

Differently Disabled, DAWN 520 579-7253

Electric Fishing Reel 800 654-7168, Elec-tra-mate.com

Endless Pools.com, Aquatic Therapy 800 233-0741

Flying, 908 232-6354, FreedomSwings.com

Gardening, ChicagoBotanic.org

Golf, 919 471-4810, ResourceCenter.usga.org

Hand Cycling, FreedomRyder.com; VarnaHandcycles.com; bike-on.com

H.O.P.E. Wheelchair

Park, PrestonsHope.com, Cleveland OH area

Horse Riding, 800 369-RIDE, narha.org

Music, Healing: Dino Plays Piano.com,

World Renowned Pianist

Natl Disability Sports Alliance, 508 698-6910

Paralyzed Vets of America, 800 424-8200, pva.org

Pinball, 866 822-6362, uCanDoCentral.com

Quad Rugby, 205 868-2281, QuadRugby.com

Recordings for Recovery • Music 800 798

1192, R4R.org

Sailing martin16.com, 403 870-7210

Shake-a-Leg.org, 401 849-8898; accessDinghy.org

Mission Bay, 858 488-1036, mbac.nu/adaptive.htm

usSailing.org.swsn, 401 683-0800

crab-sailing.org, 401 626-0273

Scuba, 949 498-4540, morayWheels.org

Shady Oaks Camp 708 301-0816

Skiing 970 726-1540, nscd.org; usSkiTeam.com

435 649-9090; NationalAbilityCenter.org

Sled Hockey 716 874-8400

Softball 612 437-1792; **WheelchairSoftBall.com**

Table Tennis 914 937-3932, usAtt.org

Tennis 914 696-7000, usta.com

Video Games 562 433-5244, QuadControl.com

gpk.com 800 468-8679

Volleyball 719 228-6800, usaVolleyball.org

Water Skiing 800 533-2972, usaWaterSki.org

Weightlifting 215 945-1964

WheelchairGames.org 800 827-1000

WheelchairSports, USA 719 574-1150, wsusa.org

Therapy

Foundation for Music & Healing 574 993-2093

Music Lessons for Special Needs, MusicHealing.org

Loveway, Horseback Riding 574 825-5666

Reins of Life, Horseback Riding, 574 291-4540

Through Our Eyes 574 773-3326

Therapy Assistance for Children with Disabilities

Union Center Therapy 574 773-7733, Nappanee

Therapy & Nursing for Young Adults

800 365-2255, South of Valparaiso

Turnstone Rehab 260 483-2100, Ft Wayne

Brown Mackie College

574 237-0774, Occup Therapy

Mary Free Bed Rehab 616 454-1081

Transportation

Superior Van & Mobility 574 261-5042, 866 340-8267

Van Sales & Rental, Lifts, Hand Controls...

SuperiorVan.com, JSass@SuperiorVan.com, SoBend

Heart City Rider • Goshen Transit 574 295-6886

MACOG, Michiana Area Council of Govt 574 674-4094

Council on Aging 574 295-1820, Volunteers

ADEC...Resources for Independence 877 342-8920

Elder-House Senior Ctr 574 773-2424 ☛

Indiana EMS 877 IND-EMS1, 877 463-3671

574 289-4662, St Joe County only

Tri County Ambulance 888 606-5050

574 773-5303, Elkhart County only, Weekdays only.

Wheelchair Getaways, Van Rentals 866 340-8267

800 826-9764 WheelchairGetaways.com

Ft Wayne: 800 398-5165; Indpls: 888 468-9055

Driver's Evaluation & Training • Memorial Hospital

Natl Mobility Equip Dealers Assoc,

NMEDA.org, 800 833-0427

Van Manufacturers

Accubuilt-Tuscany 574 389-1414, Elkhart

Braun, 800 843-5438, BraunMobility.com, Winamac IN

Eclipse, 574 970-2400,

262-1223, EclipseConversions.com

Kneel Van • FreedomMotors.com, 800 625-6335

rear entry, PT Cruiser, SUV, Battle Crk MI

Ramp Van • IMS 800 467-8267, IMSvans.com

Vantage Mobility 800 348-8267, VantageMobility.com

\$1,000 Rebate for Disability Modification on New Autos

Chrysler 800 255-9877 DaimlerChrysler.com

Ford 800 952-2248, MobilityMotoringProgram.com

GM 800 323-9935 GmMobility.com

Toyota 800 331-4331 Toyota.com/mobility

Travel

Access-able.com, 303 232-2979

AccessAlohaTravel.com, 800 480-1143

Access for Disabled Americans

925 460-9001, AccessForDisabled.com

AccessTours.org, 800 929-4811

Accessible Cruise, 800 801-9002, Love2Cruise.com

Accessible Environments.net, 800 776-1461

Accessible Journey 800 846-

4537, DisabilityTravel.com

Scooters • Lifts

Wheelchair Help 574 295-2230 *new & used*

Advice, Subsidies, Budget Assistance, Gifts...

Wheelchair Help welcomes scooter & lift donations which are offered with subsidies, budget assistance or gifted where impossible otherwise... condiser the advantages of donating your scooter or lift.

Support Groups • Info

Referral to support groups, Wheelchair Help 295-2230

Walkers • Rollators

Wheelchair Help 574 295-2230 *new & used*

Advice, Subsidies, Budget Assistance, Gifts...

Wheelchairs

Wheelchair Help 574 295-2230 *new & used*

Subsidies, Budget Assistance, Loaners, Gifts...

Wheelchair Help welcomes wheelchair donations which are offered with subsidies, budget assistance or gifted where not possible otherwise... condiser the advantages of donating your wheelchair.

By Diagnosis

ALS

ALS Assoc 800 782-4747, als.org

ALS Therapy Development Foundation

617 796-8826, als.net/alsdf/

Alternative Medicine

The Retreat 574 537-5000, Goshen

Alternative Therapies for Physical Disability

HealingTherapies.info

Natl Ctr of Complimentary & Alternative Medicine

nccam.nih.gov

Rocky Mountain MS Center, ms-cam.org

Aputee

Aputee Group, 269 699-7725 snwo19353@aol.

com, Mich City IN

Arthritis

Arthritis Society – St. Joe County

574 247-6047, 711 E. Colfax, So Bend IN 46617

Info.In@Arthritis.org 800 783-2342

Arthritis Foundation 800 568-4045 Arthritis.

org, PoBx 7669, Atlanta, GA 30357

Bladder • Bowel

Briefs, Underpads, Caths, Patches...

Subsidies, Gifts... **Wheelchair Help** 295-2230

Calder.med.miami.edu/pointis/urinary.html

pva.org; SpinalCord.uab.edu/

Washington.edu/rehab/resources/bladder.shtml

Part 2 by Diagnosis

Wheelchair Help Guide



*Help Some-
one*

*You Love
Subsidies*

**Budget Assistance
Loaners & Gifts**

Wheelchair Help

**WheelchairHelp.
org**

info@WheelchairHelp.org

1201 Richmond • Elkhart IN 46516

574 **295-2230**

888 695-2230 • 888 670-2221 fax

Brain Injury

Head Injury Foundation of Indiana

Michiana Chapter, 574 272-4456, So Bend

About Vision & TBI Injuries BrainInjuries.org

Brain Injury Assoc of America

800 444-6443, biauxa.org, VA

BrainInjuryResourceCenter 206 628558, HeadInjury.com

Traumatic Brin Injury, tbims.org

Natl Library of Medicine & Natl Inst of Health

nlm.nih.gov/medlineplus/headAndBrainInjuries.htm

8600 Rockville Pike, Bethesda MD 20894

TBI Recovery Center 877 640-0400, tbiRecoverCetner.org

Cerebral Palsy...

Cerebral Palsy of Greater Indiana 800 723-7620

4MYCHILD, 800 469-2445, CerebralPalsy.org

American Academy for Cerebral Palsy and

Developmental Medicine, AACPDMD, 847 698-1635, IL

March of Dimes, 888 663-4637, MoDimes.org

United Cerebral Palsy 708 444-8460 Tinley

Pk IL (Chicago); ucp.org, 800 872-5827, Wash DC

Chronic Pain

American Chronic Pain Assoc, ACPA

800 533-3231, theacpa.org

Chronic Pain Clearinghouse

ChronicPainClearinghouse.homestead.com

Natl Foundation for Treatment of Pain

NFTP, 831 655-8812, PainCare.org

Spinal Cord Injury Info Ctr, SpinalCord.uab.edu

Depression

Oaklawn, 574 533-1234, 800 282-0809

Joni and Friends 708 771-0000, Chicago

Family Retreats at Oakwood Inn, Syracuse IN, June

Books, Video, Radio, Support Network

818 707-5664, 818 707-9707 TTY, Calif Hq

Natl Inst of Mental Health 800 421-4211, nimh.nih

gov

Natl Strategy for Suicide Prevention

800 SUICIDE, MentalHealth.org/suicidePrevention

NotDeadYet.org, 708 209-1500

Paralyzed Vets of America, 800 424-8200, pva.org

Spinal Cord Injury Info Network, SpinalCord.uab.edu

Multiple Sclerosis

MS Support Group 574 264-5219

Meets 1st Tu, 6-8 pm, at Greencroft Manor, Goshen

Computer Literate Advocates for MS

CLAMS, clams.org

MS Assoc of America 800 532-7667, msaa.com **MScare.org**

MS Complementary & Alternative Medicine ☎

MSfocus.org 800 225-6495 ms-cam.org

MS Foundation, 800 225-6495, msFacts.org

MSwatch.com

Natl MS Society, 800 762-1209 nmss.org, Indpls IN

46268 **UnderstandingMS.com**

Muscular Dystrophy

MD Assoc, 574 259-9912, Mishawaka

MD Assoc – USA, 800 572-1717, mdUsa.org

No Boundries Family Foundation

formerly MD Family Foundation, 800 544-1213

mdff.org, 3951 N Meridian St #100, Indpls, IN 46208

Osteoporosis

Osteoporosis Foundation 202 223-2226, nof.org

Paraplegia

Paraplegic Support Group - “Hi Society”

574 254-1502, Wisfito464@wmConnect.com

Jean Morrill: 1530 Blossom Dr, Mishawaka, IN 46544

Amer Paraplegia Society 718 803-3782 apssci.org, NY

Paralyzed Vets of Amer 800 424-8200, pva.org

Spastic Paraplegia Foundation

703 495-9261, sp-foundation.org, MA

Parkinson's

Parkinson's Support Group 574 537-4090

Meets 4th Fri, 10am, 1820 Greencroft Bv, Goshen, IN 46526

American Parkinson's Disease Assoc apdaParkinson.

Natl Parkinson's Foundation

800 327-4545, Parkinsons.org, FL

Parkinson's Disease Foundation

800 457-6676, pdf.org, NY

Parkinson's Support Group of America 301 937-1545

United Parkinson Foundation

312 733-1893, upf_itf@msn.com, Chicago

Young Onset Parkinson's Assoc

505 293-5612, yopa.org, NM

Young Parkinsons.com

Parkinson's Caregiver Info, MyParkinsons.org

Polio

Michiana Polio Network.org 574 537-8737

888 522-2368, Meets 3rd Tu, 5pm at the Retreat

1135 Professional Dr, Goshen, SR119 & CR21

Dr Joak K Szynal, Michiana Physical Medicine

6 yrs Polio clinic experience, 574 534-4648, Goshen

Post-Polio Clinic, 586 778-4505, Warren MI

Michigan Polio Network, 248 651-0560

231 773-3984, geocities.com/mi_polio_net

Indiana Support Groups: 574 970-0430

Post Polio Health International, PHI

314 534-0475, Post-Polio.org, St. Louis, MO

Dr Richard Bruno - Post Polio Institute

Post-Polio Letter, PostPolioInfo.com

DynamicBracingSolutions.net

EasterSeals.com

EverettClinic.com

Fetterman-Crutches.com, 888 582-5544

Shock absorbing crutch tips, Wheelchair Help 295-2230

Kingfisher Americas Polio Study 505 797-4456,

KfAmericas.com

Lincolnshire Post-Polio Network

Montreal Neurological Hospital Post-Polio Clinic

mni.mcgill.ca/neuropatient/polio.html, on line

handbook **MayoClinic.com**

Post-Polio BransonGoers.com, annually in Branson MO

March of Dimes - Polio Rotary, 888 663-4637

MarchOfDimes.com, White Plains NY

Natl Ctr on Physical Activity & Disability

Natl Institute of Neurological Disorders

and Stroke, 800 352-9424, ninds.nih.gov, MD

Natl Museum of Polio History Polio.com PolioCanada.

Polio Connection of America

718 835-5536, geocities.com/w1066w, NY

Polio Experience Network

PolioNet.org

Polio Outreach of Washington, 800 609-5538

polio.dyndns.org; poow85@msn.com, Spanaway WA

Post-Polio Syndrome Central, skally.net

Post-PolioSyndromeResources 800 352-9424, ppsr.com

Post-Polio Walking Program,

Dr Alberto Esquenazi-Moss Rehab Resource

Network 800 225-5667, MossResourceNet.org, PA

PPS Medical Questions Forum

Roosevelt Warm Springs Institute

St John's Univ PPS, litserv@maelstrom.StJohns.edu

Dr Kristi Kirshner - Rehab Institute of Chicago

DrJulieSilver-IntlRehabCtr for Polio 508 872-2200x241,

agrubin@partners.org, MA

Washington Univ Dept of Neurology

Respiratory

Ctr for Noninvasive Mechanical Ventilation

Alternatives & Pulmonary Rehab doctorBach.com/

center.htm

Intl Ventilator Users Network 314 534-0475, Post-

Polio.org/ivun/ivun

Ventilator Users Support makoa.org

Scleroderma

Scleroderma Group 574 533-2964,

800 722-464673 Scleroderma.org

Skin Care

CraigHospital.org SpinalCord.uab.edu

Paralyzed Vets of America, 800 424-8200, pva.org

Washington.edu/rehab/resources

Spinal Cord Injury

Spinal Cord Injured Persons, SCIP, Support Group, 574 831-2329

ChrisReeve Resource Guide 800 539-7309, info@Paralysis.org

300pg source of some info herein, **FREE** at Wheelchair Help, 295-2230

CareCure Community, MobileWomen.org; SciWire.com

Craig Hospital.org Sci-Illinois.orgLifeRollsOn.org, 858 793-9293

Natl SCI Assoc 800 962-9629, SpinalCord.org

Natl SCI Statistical Ctr, main.uab.edu

Natl Inst of Neurological Disorders & Stroke 800 352-9424, ninds.nih.gov, MD

New YorkOnline Access toHealth, NOAH noah-health.org/english/illness/neuro/spinal.html

Paralyzed Veterans of America, 800 424-8200, pva.org

SCI Info Network, 205 934-3283, SpinalCord.uab.edu, AL

SCI Network Intl, 800 548-2673, SpinalCordInjury.org, CA

Spinal Cord Injury Info Ctr, SpinalCord.uab.edu

Spinal Muscular Assoc, 800 886-1762, fsma.org

SpinalNetwork.net 888 850-0344, PA

Univ of Miami calder.med.miami.edu/pointis/sciman.html

Univ Washington depts.washington.edu/rehab/resources/index.shtml#sci

Spina Bifida

Indiana Spina Bifida Assoc Elkhart 293-4976; So Bend 234-6260

March of Dimes, 888 663-4637, MoDimes.org

Spina Bifida Assoc, 800 621-3141, sbaa.org, DC

Spina Bifida Family Support 765 475-0053

SpinaBifidaSupport.com, PoBx554, Peru IN 46970

Spinal Muscular Atrophy

Families of Spinal Muscular Atrophy 800 886-1762, fsma.org

Muscular Dystrophy Assoc 800 572-1717, mdaUsa.org

Spinal Tumors

American Brain Tumor Assoc 800 886-2282, abta.org, IL

Brain Tumor Society, 800 770-8287, tbts.org

Musella Foundation, Tumor Research 516 295-4740, VirtualTrials.com

Spinal Cord Tumor Support, SpinalCordTumor.Homestead.com

American Cancer Institute, Cancer.gov .

Stroke-Elkhart Area Stroke Survivors 574 264-1133

American Stroke Assoc, 888 478-7653, StrokeAssociation.org

Natl Inst of Neurological Disorders & Stroke 800 352-9424

Natl Stroke Assoc, 800 787-6537, Stroke.org; **StrokeNetwork.org**

Christopher & Dana Reeve Resource Guide 800 539-7309 info@

Paralysis.org, 310pg source of some info herein, **FREE** at Wheelchair Help

Women

Center for Research on Women with Disabilities

CROWD, 800 44-CROWD, bcm.tmc.edu/crowd

Health Promotion for Women with Disabilities 610 519-4922,

Nursing.villanova.edu. WomenWithDisabilities **MobileWomen.org**

Natl Resource Ctr for Parents with Disabilities 800 644-2666,

LookingGlass.org **Women with DisAbilities**, 800 994-WOMAN,